

Breakfast & Lunch Menu

Sour Dough French Toast

with 100% maple syrup £4.50

(add bacon or sausage see add ons)

Big Breakfast Bap

Steak or Turkey Sausages with bacon,
fried egg & plum ketchup £7.90

The Full Works

turkey/steak sausage, bacon, black pudding,
herb tomato, mushroom, GR beans, sweet potato
hash brown, scrambled eggs &
GR Brown Soda £8.50

Scrambled Eggs

mixed with feta & spinach served on sour
dough toast with smoked bacon
£7.00

Ewings Smoked Salmon or Masseys Dry Cured Bacon

on wholemeal muffin with avocado
mousse & poached eggs £7.70

GR Wholemeal Soda Breakfast

poached eggs, avocado mousse, mushroom,
herb tomato, hash brown on wholemeal soda
bread with sriracha sauce £6.90

Soup

Served with rustic sour dough £3.95

Burgers

*all served in a sour dough bun with sweet
potato fries & plum ketchup*

Italian Spiced Turkey Burger

with chorizo and mozzarella
£9.95

Chilli Lime Chickpea Burger

with grilled halloumi & saute pepper
£7.80

100% Lean Steak Burger

with smoked bacon & melted mozzarella
£9.95

Loaded Bowl

sweet potato fries, turkey mince chilli,
crème fraiche, avocado mousse & jalapenos
£6.50

Thai Sweet Potato

& Chickpea Stew (v)
with wholemeal seeded flat bread
£6.80

Tex Mex Chilli Bowl

Turkey mince or mixed bean (v) chilli
in a spinach tortilla with avocado mousse,
jalapenos & crème
£6.90

Almond Chicken Goujons

in a sour dough bun with mozzarella, sriracha
and served with skin on fries and garlic crème
£8.50

ADD ON...

avo mousse	£2.00	Toast	£1.25	Mushroom	£0.50
Bacon	£1.00	Fries	£3.00	Beans/hash	£1.00
Sausage	£1.25	Tomato	£0.50	egg/blk pud	£1.00

Please let us know if you suffer from any allergens